

Does your child have  
**ADHD?**



## **ADHD Children's Programme(6-12 Years)**

***A free parenting programme for parents of children aged 6-12 years with a diagnosis of ADHD and suspected ADHD who are awaiting an assessment. ADHD-( Attention Deficit Hyperactivity Disorder).***

**Topics Include:** Parenting a child with ADHD, responding positively as a parent, establishing routines, managing concerning behaviour, problem solving , long term supports, supporting siblings, manage stress, support child's education and learning

**Date:** 15<sup>th</sup> April-20<sup>th</sup> May 2026

**Time:** 7pm- 9pm

**Where:** Cavan County Local Development Building, 6A Corlurgan Business Park, Cavan, H12DP86.

To reserve a place, click on [www.parentingcavan.ie](http://www.parentingcavan.ie) select MENU- Scroll down through, click on ADHD Children and submit an enquiry form . For more info phone Joanne on 0877529948 or email [parentingcavan@cclld.ie](mailto:parentingcavan@cclld.ie).

